

Learning to Make Choices Early

Setting the Stage for Future Decision Making

January, 2023

Resources on Choice-Making for Children



"Early Choices Matter: Responses to Parents' Questions," thoughtful answers to parents questions about getting started choice-making.

youtu.be/ZRBcUPi00Rg



A short video by Heather Hayworth, a speech therapist, on communication and giving your child choices.

youtube.com/watch?v=uOsWLIg4E38



"Stop, Think, Make a Choice," a Disney Junior video.

youtube.com/watch?v=3Qo-dojsSzs



"4 Ways to Help Kids Build Strong Decision Making Skills," a Think Jr. video.

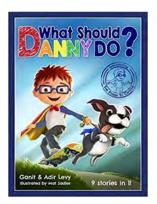
https://youtu.be/wcO5-TR8XHg



The children's book, My Magical Choices, by Becky Cummings, read aloud.

youtube.com/watch?v=YoLCvANLz_4

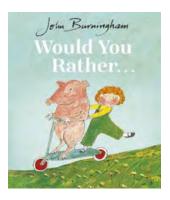
Books for Younger Children on Choice Making



What Should Danny Do? or

What Should Darla Do?

by Ganit and Adir Levy



Would You Rather?
by John Burningham



I Make Good Choices

By Marla Conn

Choice-Making Games

The video, <u>empoweredparents.co/decision-making-games</u>, has 14 fun games to help kids make choices. Here are some examples:

- Musical Chairs
- Tic-Tac-Toe
- Hide and Seek
- How the Story Goes—You start a story and the next person has to add to it.
- Pick Up Sticks
- Memory Games
- Checkers
- Monopoly and other board games