

## **Early Choices Matter**

Children Building Choice-Making Skills

**Knowing Your Child** 

## In partnership with

January 2023

Wisconsin Board for People with Developmental Disabilities

Knowing what motivates your child is key if you want them to participate in choice-making. Use this worksheet to record what your child prefers and how they communicate this to others. This worksheet can also be used to prepare for IEP meetings or Children's Long-Term Support (CLTS) reviews.

My Child Likes	My Child Doesn't Like
Food:	Food:
Activities:	Activities:
Chores:	Chores:

## **Tools for Discovering Motivation**

What does my child like to spend time doing (when an adult is not deciding for them)?

What brings a smile, a laugh?

What do they like to do again and again?

What do they want to share with me or others in their life?