

**Learning choice-making skills takes practice.** This worksheet can help make choice-making part of your child's daily routines. **Directions:** In the "Choice" box on the left side, write a choice your child can make at this time of day. On the right side, write the options that you will offer your child and how you will ask.

	Choice	Options and How to Ask
<div style="border: 1px solid black; border-radius: 50%; padding: 20px; text-align: center;"> <b>Morning Routine</b> </div>	1.  2.  (Example: How do you want to get to school?)	1.  2.  (Example: Do you want to walk today or do you want a ride?)
<div style="border: 1px solid black; border-radius: 50%; padding: 20px; text-align: center;"> <b>After-school Routine</b> </div>	1.  2.  (Example: What do you want for a snack?)	1.  2.  (Example: Do you want pretzels or an apple?)
<div style="border: 1px solid black; border-radius: 50%; padding: 20px; text-align: center;"> <b>Evening Routine</b> </div>	1.  2.  (Example: It's time to finish your homework.)	1.  2.  (Example : Would you rather do math or social studies first?)
<div style="border: 1px solid black; border-radius: 50%; padding: 20px; text-align: center;"> <b>Bedtime Routine</b> </div>	1.  2.  (Example: Self-care)	1.  2.  (Example: Do you want to shower tonight or in the morning?)