

## WISCONSIN RESOURCES

- All in For Kids Newsletter from Children's Long-Term Support Services:  
<https://www.dhs.wisconsin.gov/newsletters/kids-2020-09.pdf>
- Waisman Center, Even More COVID-19 Resources: [waisman.wisc.edu/covid-19/family-resources](https://waisman.wisc.edu/covid-19/family-resources)
- Regional Centers for Children and Youth with Special Health Care Needs: [dhs.wisconsin.gov/cyshcn/regionalcenters.htm](https://dhs.wisconsin.gov/cyshcn/regionalcenters.htm)
- Wisconsin DHS, COVID-10 ForwardHealth Program Updates:  
<https://www.dhs.wisconsin.gov/covid-19/forwardhealth.htm>
- Children's Long-Term Supports, Updates on COVID: <https://www.dhs.wisconsin.gov/covid-19/clts.htm>
- Department of Public Instruction COVID-19 Special Education Information:  
<https://dpi.wi.gov/sped/covid-19-sped-updates-and-resources>

## BACK TO SCHOOL RESOURCES

- Beginning a New School Year During Covid: <https://infoaboutkids.org/blog/beginning-a-new-school-year-during-covid>
- Reducing the Spread of Illness in Child Care:  
<https://www.healthychildren.org/English/health-issues/conditions/prevention/Pages/Prevention-In-Child-Care-or-School.aspx>
- In-Person Learning Checklist:  
<https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/Back-to-School-Planning-for-In-Person-Classes.pdf>
- Virtual or At-Home Learning Checklist:  
<https://www.cdc.gov/coronavirus/2019-ncov/community/pdf/Back-to-School-Planning-for-Virtual-or-At-Home-Learning.pdf>
- Thriving Schools, Resources for Schools and Families Impacted by COVID-19:  
<https://thrivingschools.kaiserpermanente.org/resources-for-schools-and-families-impacted-by-covid-19>

## VACCINE INFORMATION FOR CHILDREN

- Which Flu Vaccine Should My Children Get This Year?  
<https://www.healthychildren.org/English/safety-prevention/immunizations/Pages/Prepare-Your-Family-for-Flu-Season.aspx>
- DHS Flu Prevention: <https://www.dhs.wisconsin.gov/influenza/prevention.htm>
- Pros and Cons of the Flu Shot: <https://www.healthline.com/health/flu-shot-pros-and-cons>
- AAP 2020-21 Recommendations on Preventing Influenza:  
<https://services.aap.org/en/news-room/news-releases/aap/2020/american-academy-of-pediatrics-issues-2020-21-recommendations-on-preventing-influenza>

## CHILDREN WITH SPECIAL HEALTH CARE NEEDS AND COVID & FLU

- National Family Voices, COVID-19 Resources: [familyvoices.org/coronavirus](https://familyvoices.org/coronavirus)
- American Academy of Pediatrics, Caring for Children and Youth with special health care needs during the COVID Pandemic <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/caring-for-children-and-youth-with-special-health-care-needs-during-the-covid-19-pandemic>
- Flu: A Guide for Parents of Children or Adolescents with Chronic Health Conditions: <https://www.healthychildren.org/English/health-issues/conditions/chronic/Pages/Flu-A-Guide-for-Parents-of-Children-or-Adolescents-With-Chronic-Health-Conditions.aspx>
- What is the difference between Influenza (Flu) and COVID-19? <https://www.cdc.gov/flu/symptoms/flu-vs-covid19.htm>
- COVID-19 Precautions and People with Disabilities: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-disabilities.html>
- For Parents: Multisystem Inflammatory Syndrome in Children (MIS-C) associated with COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/children/mis-c.html>
- WI DHS decision tool related to COVID and activities: <https://www.dhs.wisconsin.gov/covid-19/decision.htm>
- Guidelines on Receiving Respite: <https://archrespice.org/national-respice-guidelines-for-covid-19>
- If You Are Sick or Caring for Someone: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

## SOCIAL & EMOTIONAL WELL BEING

- Care for Yourself: [centerhealthyminds.org/well-being-toolkit-covid19](https://centerhealthyminds.org/well-being-toolkit-covid19)
- Finding Your New Normal with COVID-19: [respitcarewi.talentlms.com/catalog/info/id:143](https://respitcarewi.talentlms.com/catalog/info/id:143)
- AAP Resilience in Stressful Times and Connecting During Times of Trauma: [youtube.com/watch?v=nQm\\_8BhkWKY](https://www.youtube.com/watch?v=nQm_8BhkWKY)
- Resources from the National Federation of Families for Children's Mental Health: [ffcmh.org/covid-19-resources-for-parents](https://ffcmh.org/covid-19-resources-for-parents)
- Promoting Children's Resilience to the COVID-19 Pandemic: [childtrends.org/publications/ways-to-promote-childrens-resilience-to-the-covid-19-pandemic](https://childtrends.org/publications/ways-to-promote-childrens-resilience-to-the-covid-19-pandemic)
- Parent/Caregiver Guide to Helping Families Cope With the Coronavirus: [https://www.nctsn.org/sites/default/files/resources/fact-sheet/parent\\_caregiver\\_guide\\_to\\_helping\\_families\\_cope\\_with\\_the\\_coronavirus\\_disease\\_2019\\_covid-19.pdf](https://www.nctsn.org/sites/default/files/resources/fact-sheet/parent_caregiver_guide_to_helping_families_cope_with_the_coronavirus_disease_2019_covid-19.pdf)
- Talking with children about Coronavirus: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>
- Pandemics Can be Stressful: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>
- Resources for Helping Kids and Parents Cope Amidst COVID-19: [https://www.aacap.org/AACAP/Families\\_and\\_Youth/Resource\\_Libraries/covid-19/resources\\_helping\\_kids\\_parents\\_cope.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx)